

COACH AND SAFETY EDUCATION



2026 EDUCATION HANDBOOK

The 2026 Education Handbook is in place to support the requirements of all education opportunities in your region.

The handbook provides details on what courses are available, who should complete them, and how they complete them.

This will be updated as courses and workshops are released and will be emailed out to Clubs and Stakeholders frequently.



2. SPORTS TRAINER EDUCATION AND ACCREDITATIONS



MINIMUM REQUIREMENTS FOR RUGBY LEAGUE AND LEAGUE TAG

Age	Minimum Personnel Required for Contact Rugby League	Minimum Personnel Required for League Tag	Minimum Accreditation Required
U6-7	One (1) x First Responder for up to four (4) matches being played on an International Field.	One (1) x First Responder for up to four (4) matches being played on an International Field.	<ul style="list-style-type: none"> • League First Aid; or • NRL Level 1 Sports Trainer; or • NRL Level 2 Sports Trainer
U8-9	One (1) x First Responder for up to three (3) matches being played on an International Field.	One (1) x First Responder for up to three (3) matches being played on an International Field.	
U10-12	One (1) x First Responder per match	One (1) x First Responder per match	
U13-15	One (1) x First Responder per team for each match.		
U16+	One (1) x First Responder per team for each match.	One (1) x First Responder per team for each match.	

NRL On Field Policy - <https://www.playrugbyleague.com/policies/>



SPORTS TRAINER RESOURCES



Find a Course

Information on all Rugby League Sports Trainer Accreditation Courses

LEARN MORE



Apply for RPL

Make application for recognition of prior learning

LEARN MORE



Need to Re-Accredit

Access the Sports Trainer Re-Accreditation

LEARN MORE



Upload Request

Have your annual training uploaded

LEARN MORE



Resources

Resources for Sports Trainers including Concussion Centre, Video Resources and Key Documents

LEARN MORE



Club Guide

Access a copy of the Safety Education Club Guide

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<https://www.playrugbyleague.com/trainer/>

Any Trainers with an expired CPR and/or First Aid Certificate are able to obtain these through an external provider and use the upload request link

Knights Education Sessions

In 2026 the Newcastle Knights will continue their support for Rugby League Volunteers in the Hunter by a series of Education nights aimed at Trainers and Coaches. These will be strictly registration only.

Head to NRL Learning Centre, go to Course Finder and search "Knights".



nib NEWCASTLE KNIGHTS PRESENT:

COACH THE COACHES + TRAIN THE TRAINERS

SESSION PLANNING GAME-RELATED DRILLS COACHING TECHNIQUES
STRAPPING INJURY PREVENTION

NEWCASTLE PERMANENT CENTRE OF EXCELLENCE
WEDNESDAY, MARCH 18
5:30PM – 7:30PM

The poster features a large profile of a Newcastle Knights player in a blue jersey on the left. On the right, there's a smaller image of a coach in a blue shirt with 'nib' on the front, standing on a field. In the background, another player is seen in action. The text is arranged in a clean, modern layout with a mix of bold and regular fonts.

3. COACH EDUCATION AND ACCREDITATIONS



ACCREDITATION REQUIREMENTS and LEARNING STAGES

How to Become a Coach

A step-by-step guide

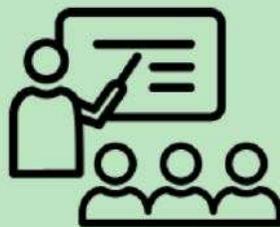


Age Specific eLearning

Accredited till 30th June



Relevant Face to Face
Workshop
3.5 Hours



Accreditation for 4 years



How to become a Coach?

Ensure the eLearning is the age group you are coaching this year.

Registration for the Face to Face workshop can only happen AFTER completing the eLearning.

Accreditation is valid for 4 years



ACCREDITATION REQUIREMENTS and LEARNING STAGES



Community Coach eLearning – **What do they learn?**



The eLearning course are broken into two parts (except the 19s+ which has 3 parts). These parts cover the following topics.

- » Overview of Coaching Children, Adolescents or Adults
- » The Role of the Coach
- » Developing Quality Relationships
- » Keeping Everyone Safe
- » Planning for a Great Learning Environment
- » The Training Session
- » Game Day

The eLearning can be completed and accessed on any device.



ACCREDITATION REQUIREMENTS and LEARNING STAGES

The National Rugby League has a Coach Accreditation Policy that requires coaches of Rugby League teams to obtain and maintain a Coach Accreditation relevant to the team they are coaching.

The courses that provide these accreditations are:

AGE SPECIFIC ONLINE LEARNING /



Community Coach (6-7)

2026 COURSE NOW ONLINE

[LEARN MORE](#)



Community Coach (8-12)

2026 COURSE NOW ONLINE

[LEARN MORE](#)



Community Coach (13-15)

2026 COURSE NOW ONLINE

[LEARN MORE](#)



Community Coach (16-18)

2026 COURSE NOW ONLINE

[LEARN MORE](#)



Community Coach (19+)

2026 COURSE NOW ONLINE

[LEARN MORE](#)



Coaching League Tag

AVAILABLE NOW

[LEARN MORE](#)

ACCREDITATION REQUIREMENTS and LEARNING STAGES

FIND A FACE TO FACE WORKSHOP /



Community Coach (6-7) Workshop

Minimum Age: 16 | Workshop Time: 3.5 Hours

[LEARN MORE](#)



Community Coach (8-12) Workshop

Minimum Age: 18 | Workshop Time: 3.5 Hours

[LEARN MORE](#)



Community Coach (13-18) Workshop

Minimum Age: 18 | Workshop Time: 3.5 Hours

[LEARN MORE](#)

ACCREDITATION REQUIREMENTS and LEARNING STAGES (Coaching League Tag)

Coaches of League Tag teams are required to complete the Coaching League Tag module. The module will help educate coaches in the key differences between tackle Rugby League and League Tag.

Pre-requisites:

Coaches must hold a current coaching accreditation to be able to register for this module. If a coach does not currently have an accreditation, they can complete a Community Coach eLearning course to obtain a temporary accreditation.



www.playrugbyleague.com/learn/leaguetag

ACCREDITATION REQUIREMENTS and LEARNING STAGES (Reaccreditation)

Community Coach Re-accréditation Courses

All coaches with an expired Modified Games, International Games or Club Coach accreditation need to complete the new online learning and face to face workshop relevant to the age group/s being coached.

With the implementation of this updated framework, we are no longer able to re-accredit former coaching accreditations.

This change ensures alignment with the new standards and allows us to provide contemporary information that is age and stage appropriate to the age group of the coached team.

Community Coach Re-accréditation Courses

The Community Coach re-accréditation courses are for Coaches that have an expired Club Coach (CC), International Games Coach (IGC) or Modified Games Coach (MGC) accreditation. The re-accréditation courses are based on the age group you are coaching and will provide you with that age groups community coach accreditation for a further 4 year period. Coaches can complete multiple age groups if the wish.

FIND YOUR AGE SPECIFIC RE-ACCREDITATION /



Community Coach (6-7's)

You will need to complete this re-accréditation if:

- Your MGC or Club Coach accreditation has expired
- You are coaching a team in the 6's or 7's

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Community Coach (8-9's)

You will need to complete this re-accréditation if:

- Your MGC or Club Coach has expired
- You are coaching a team in the 8's or 9's

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Community Coach (10-12's)

You will need to complete this re-accréditation if:

- Your MGC or Club Coach has expired
- You are coaching a team in the 10's, 11's or 12's

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Community Coach (13-15's)

You will need to complete this re-accréditation if:

- Your IGC or Club Coach accreditation has expired
- You are coaching a team in the 13's, 14's or 15's

LEARN MORE



Community Coach (16-18's)

You will need to complete this re-accréditation if:

- Your IGC or Club Coach accreditation has expired
- You are coaching a team in the 16's, 17's or 18's

LEARN MORE



Community Coach (19's+)

Online Learning coming soon for IGC or Club Coaches

- Your IGC or Club Coach accreditation has expired
- You are coaching a team above the age of 19

LEARN MORE

<https://www.playrugbyleague.com/coach/coaching-courses/coach-re-accréditation/community-coach-re-accréditation/>

The 'Youth Development Coach' Course (YDC) Entry Requirements

INCLUSION CRITERIA

- » Coaches are operating in a coaching role within a competition highlighted below
- » Coaches have completed the RISE Development Coach course
- » Coaches outside the eligibility criteria may request an exemption with a clear justification for its relevance to their role

	CLUB COMPETITIONS		SCHOOL COMPETITIONS	
	MALE	FEMALE	MALE	FEMALE
NSW	Andrew Johns (U16)	Lisa Fiaola (U17)	Schoolboy Cup (U18)	Schoolgirl Cup (U18)
	Harrold Matthews (U17)			
	Laurie Daley (U18)	Tarsha Gale (U19)	ASSRL Championships (U15/U16/U18)	
	SG Ball (U19)			
	Jersey Flegg (U21)	NSW Women's Premiership		
	NRL Academy Coach			
NRL RISE Head Coach				
	*MUST be in the role of either 'Head Coach' or 'Assistant Coach'		*MUST be in the role of 'Head Coach'	
QLD	Cyril Connell (U17)	Harvey Norman (U17)	Schoolboy Cup (U18)	Schoolgirl Cup (U18)
	Mal Meninga (U19)	Harvey Norman (U19)		
		BMD Premiership	ASSRL Championships (U15/U16/U18)	
	NRL Academy Coach			
	NRL RISE Head Coach			
		*MUST be in the role of either 'Head Coach' or 'Assistant Coach'		*MUST be in the role of 'Head Coach'
Affiliated States	RISE Rookie Academy		Schoolboy Cup (U18)	Schoolgirl Cup (U18)
		*Exemption Required	*MUST be in the role of 'Head Coach'	

The purpose of the Youth Development Course (YDC) is to encourage coaches to continually revise and rethink their coaching approach.

This process aims to help them develop ownership of their learning and positively contribute to the growth of themselves, the players, and the game itself.

This course advocates for an inquiry-based approach using a blended learning method (e.g., online calls, interactive workshop, and practical coaching) to develop coaches understanding and application of the principles for effective coaching.

4. COMMUNITY COACH DEVELOPMENT AND SUPPORT



COMMUNITY COACH RESOURCES

<https://www.playrugbyleague.com/coach/coaching-resources/>

MYLEAGUE App

Coach Resources

COACH RESOURCES /

- Coach Activities**
Hundreds of Coaching Activities to get Coaches prepared for the season.
[LEARN MORE](#)
- Learn the Skills**
A range of Skill Videos brought to you by former Players and Game Development Staff.
[LEARN MORE](#)
- Activity Types**
Learn about the Activity Types.
[LEARN MORE](#)
- Warm Up**
Warming up before any type of activity is very important. We have a range of videos to assist you in preparation for Warm Up.
[LEARN MORE](#)
- Coaching Points**
Neil Henry delivers a range of coaching tips on key Rugby League Skills.
[LEARN MORE](#)
- Coaching Handbooks**
A handbook is a one stop resources for all coaches at all levels of the game.
[LEARN MORE](#)
- Coach Interviews**
Interviews with a number of coaching experts including Rohan Smith, Bo Hansen and Joey Grima.
[LEARN MORE](#)
- Tackle Coaching Podcast**
Interviews with a range of Rugby League experts including Wayne Pearce, Mai Meniga, Anthony Manichello and Scott Sattler.
[LEARN MORE](#)
- How to Coach**
Tips and advice on the fundamentals of How to Coach.
[LEARN MORE](#)



MYLEAGUE

Welcome to the My League App

Whether you are a player, supporter, or volunteer, the MyLeague app is your Community Rugby League central hub. You can follow your teams, competition and matches, as well as access our free educational resources!

[Continue](#)

